

## 7 Rowardennan

Rowardennan, which nestles at the foot of **Ben Lomond**, is literally the end of the road! It's the perfect place to sit awhile by the bonny banks of **Loch Lomond**, enjoy an easy trail through the woods or take on the challenge of climbing to the summit of this iconic peak.

### ○○○ Ben Lomond Memorial Trail

A gentle stroll to the shore of Loch Lomond, where there is a memorial sculpture to commemorate the Scots who gave their lives in the two World Wars.

**Firm and smooth gravel surface throughout. Generally flat with short moderate ramps.**



## 6 Salloch

Relax beside **Salloch's** pebbly beach with its sweeping **Loch Lomond** views or follow the waymarked trails to explore the beautiful woodlands that cloak the banks of the loch. The oakwoods here are over 200 years old.

### ●●● Salloch Trail

Climb through a delightfully varied woodland to the craggy viewpoint on Dun Maol for spectacular views over Loch Lomond and the Arrochar Alps.

**Largely firm gravel or grassy paths. Short section of rough, narrow earthy path with muddy patches up to viewpoint. Long moderate slopes with some steep sections. Includes a road crossing.**



### ●●● Woodland Trail

A trail for all seasons through peaceful oak woodland along the Allt a Mhuinntinn burn and past the ruins of Wester Salloch.

**Mostly firm gravel and grassy paths. Section of narrow earthy path with muddy patches. Some steep slopes on uneven ground. Includes a narrow bridge and road crossing.**



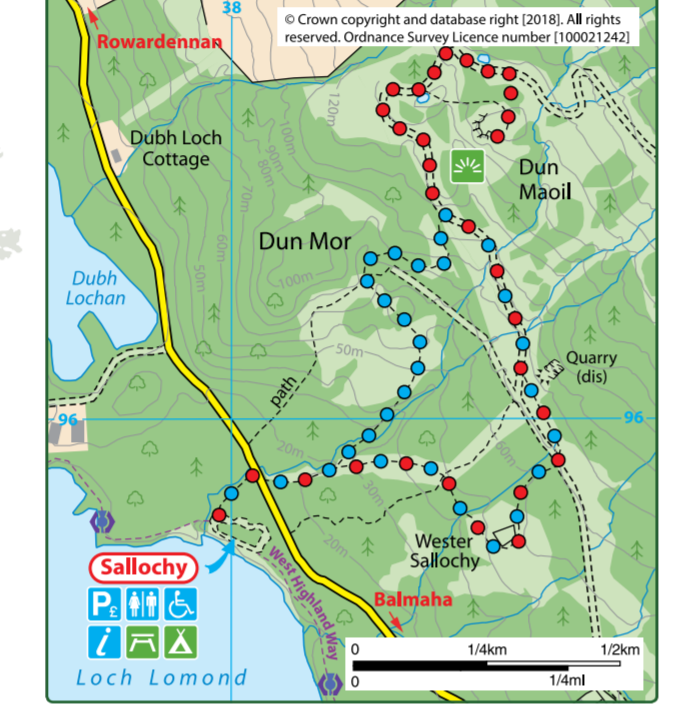
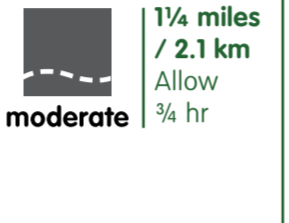
## 8 Balmaha

Visit the gateway to **East Loch Lomond** and discover its stunning loch shore, peaceful oakwoods and secluded islands, before climbing up through the **Balmaha Pass** to the summit of **Conic Hill**. You can also join the West Highland Way here.

### --- Millennium Forest Trail

Follow the oak-lined shore of Loch Lomond and climb up on to Craigie Fort, a magnificent viewpoint overlooking the loch, its islands and Ben Lomond.

**Varied surface, including short rough rocky section. Some steep on loose gravel surface. Includes long flights of uneven rocky steps and two road crossings.**



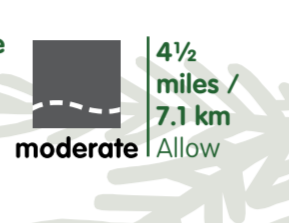
## 4 Loch Katrine

Visit the **legendary loch** that inspired Sir Walter Scott and brought Victorian tourists to **The Trossachs** for the first time. Take to the water on a steamship, stroll or cycle the north shore and find inspiration of your own in stunning surroundings.

### ●●● Brenachole Trail

Follow the beautiful oak-laced shore of Loch Katrine to the wonderful viewpoint on Brenachole Point. Learn how the landscape and its history inspired 'The Lady of the Lake'.

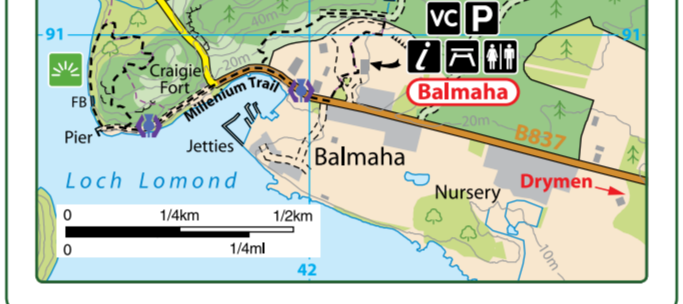
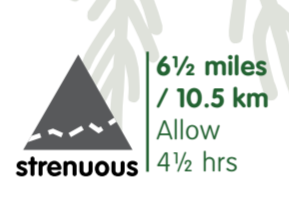
**Wide, smooth tarmac surface with moderate slopes. Brief uneven grassy path to the viewpoint with short fairly steep slope. Includes gate and opening both 1.1m wide.**



### ●●● Primrose Hill Trail

Climb up the primrose-covered hillside above Loch Katrine for some of the most spectacular views in the Trossachs. Look out at Ben Venue, Ben Lomond and the Arrochar Alps.

**Long steep slopes for up to 400m on uneven grassy and rocky paths. Includes some muddy sections and a narrow kissing gate.**



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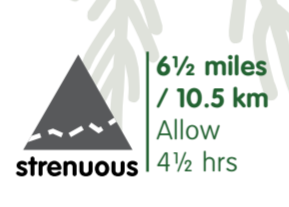
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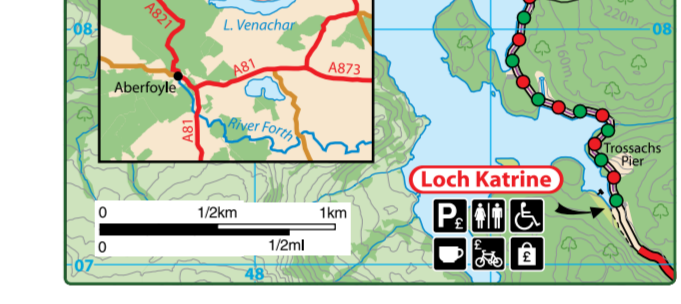
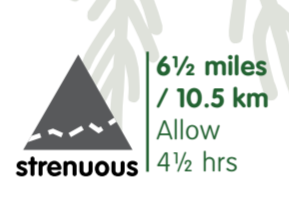
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## Forestry Commission Scotland

# Queen Elizabeth Forest Park

Where the highlands - and your forest adventure - begin



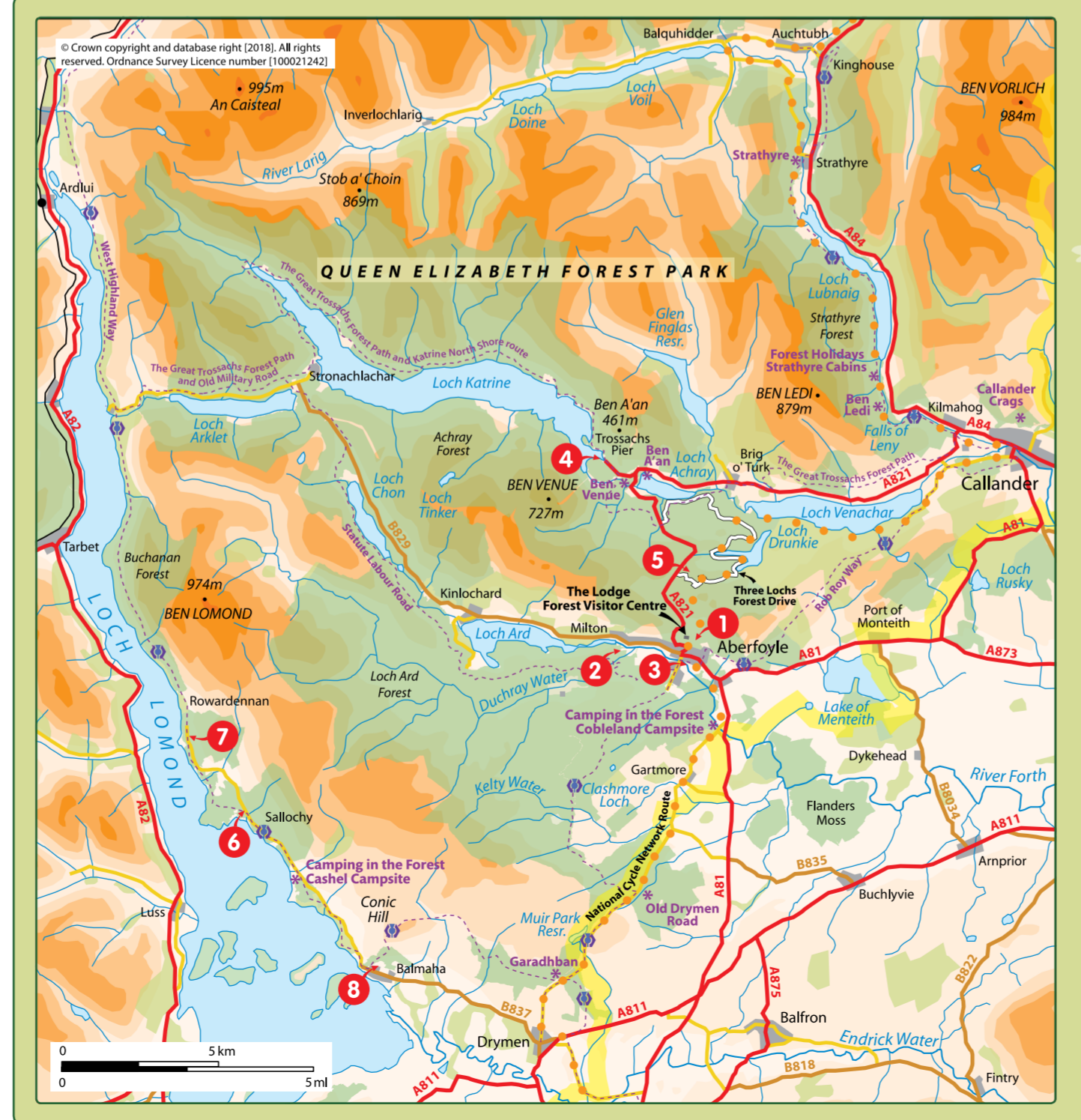
# Welcome to Queen Elizabeth Forest Park

Do a little... do a lot!

Want to **sail by steamship** along **legendary Loch Katrine** or **picnic** on the bonny banks of **Loch Lomond**? How about **swinging through the forest treetops**, **cycling amongst woodland sculptures** or **strolling through ancient oaks**? You can do all this and much more in the **Forest Park** – or sit back and soak up the **stunning views**.

**Where the Highlands begin**  
You're at the start of something exciting here – see how the land rears up dramatically above the gentle green lowlands, taking you on a journey into the wilder highlands. The Forest Park encompasses some of Scotland's best-loved locations, from magnificent Ben Lomond and the rolling Trossachs hills to sparkling Loch Katrine and the craggy tops of Strathyre.

**The best views in Scotland**  
Use this leaflet to help you explore and enjoy these iconic Forest Park places in the heart of Loch Lomond & The Trossachs National Park. For more information, visit **The Lodge** Forest Visitor Centre above Aberfoyle – you'll always find a friendly welcome here and the café has one of the best views in Scotland!



## Forest Park favourites

There are **spectacular views** and **perfect picnic spots** as well as **great trails** and **wonderful wildlife** at all these favourite Forest Park places...



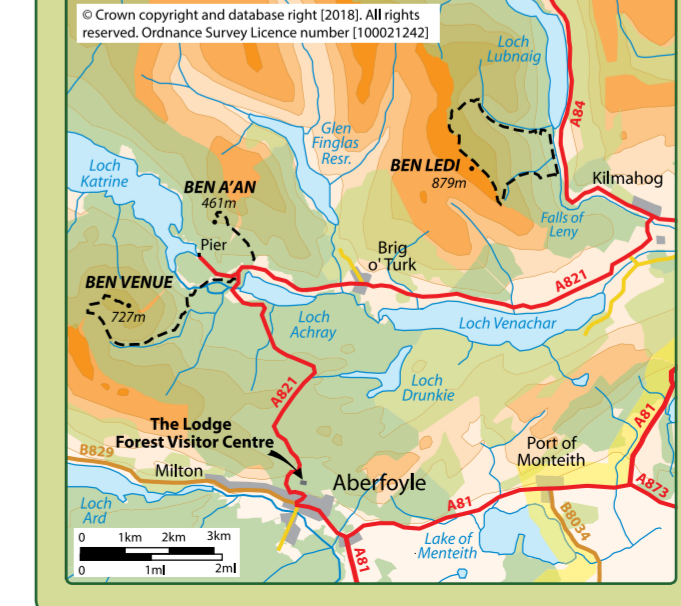
- The Lodge** Forest Visitor Centre 1  
A great place to start your forest adventure.
- Loch Ard** 2  
Walk or cycle these tranquil lochside woods, watching out for wildlife sculptures.
- Aberfoyle** 3  
Explore tranquil woodland trails here on foot and by bike for spectacular views and wonderful wildlife.
- Loch Katrine** 4  
Explore this legendary loch by steamship, by bike or on foot.
- Three Lochs Forest Drive** 5  
An easy and scenic adventure into the heart of the Forest Park.
- East Loch Lomond** 6 7 8  
Discover ancient oakwoods on the bonnie banks of Loch Lomond.

## Feeling energetic?



**Head for the hills**  
Experienced walkers can aim for the spectacular summits of Ben A'an, Ben Venue, Ben Ledi and Ben Lomond (start at Rowardennan) from the Forest Park. **These are very rewarding but strenuous unmarked routes, so be sure you are properly equipped.**

**Take to the long distance trails**  
The Forest Park is also criss-crossed by celebrated long distance routes, including the famous West Highland Way and the Rob Roy Way. Look out for two historic routes from Aberfoyle – the Statute Labour Road to Loch Arklet and the old military road to Loch Lomond – which are ideal for cycling.



## Forestry Commission Scotland

**Contact** Forestry Commission Scotland, Cowal & Trossachs Forest District, Aberfoyle, Stirling, FK8 3UX  
Tel: 0300 067 6600  
Email: [cowaltrossachs@forestry.gsi.gov.uk](mailto:cowaltrossachs@forestry.gsi.gov.uk)  
Web: [www.forestry.gov.uk/qefp](http://www.forestry.gov.uk/qefp)  
Public enquiry line: 0300 067 6156



**Explore Scotland's Forest Parks:**  
1. Glenmore 4. Argyll  
2. Tay 5. Tweed Valley  
3. Queen Elizabeth 6. Galloway

If you need this publication in an alternative format, for example, in large print or in another language, please contact:  
The Diversity Team  
Tel: 0300 067 5000  
E-mail: [diversity@forestry.gsi.gov.uk](mailto:diversity@forestry.gsi.gov.uk)

# 1 The Lodge Forest Visitor Centre

With **car parking, a great café, toilets** and plenty of **information**, this is the ideal place to start exploring the **Forest Park** (and you'll find **Go Ape** here too). Enjoy **panoramic views** and **scenic trails**, including a gentle stroll to a waterfall and more strenuous routes to **lofty woods** and **rocky crags**.

- Stroll, swing, watch wildlife or just relax in the trees at The Lodge!



## Map Key

- Forestry Commission land
- Forestry Commission woodland
- Other woodland
- Main road
- Secondary road
- Minor road
- Forest road
- Track
- Forest drive
- Footpath
- Forest trails (colour waymarked)
- Location of forest trails (detailed on trail maps)
- Garadhban
- Other points of interest
- National Park boundary
- National Cycle Network
- West Highland Way/Rob Roy Way
- Other long distance trails
- Non FC bike hire
- Non FC visitor centre
- Parking (charge)
- Parking (no charge)
- Easy-access facilities
- Toilets
- Information
- Forest drive (charge)
- Picnic area
- Cafe/refreshments
- Shop
- Caravan site
- Nature play area
- Wildlife viewing
- Viewpoint
- Campsite
- Non FC parking (charge)
- Non FC parking (no charge)
- Non FC - easy-access facilities
- Non FC toilets
- Non FC information
- Non FC picnic area
- Non FC Cafe/refreshments
- Non FC shop

### Waterfall Trail

A pleasant stroll through the trees to a dramatic waterfall that appears as if by magic. Plenty of places to sit or play along the way.



1 mile / 1.8 km  
Allow ½ hr

Wide, firm gravel surface throughout, with some loose stones. Long gentle slope for 400m with some short moderate sections. Short section of uneven wooden boardwalk.

### Oak Coppice Trail

A scenic walk through ancient oak woodland that is cloaked in velvety green lichens - a sure sign of the clean air up here.



1¼ miles / 2.9 km  
Allow 1 hr

Largely firm gravel surface, with a few uneven sections. Several short steep slopes and one short flight of steps.

### Duke's Trail

Follow in the footsteps of the Duke of Montrose, climbing above Duke's Pass for great views before passing through Achray Forest's stately spruce woods.



4 miles / 6.5 km  
Allow 2½ hrs

Varied surface, with some long fairly steep sections. Narrow and uneven rocky path with some muddy parts.

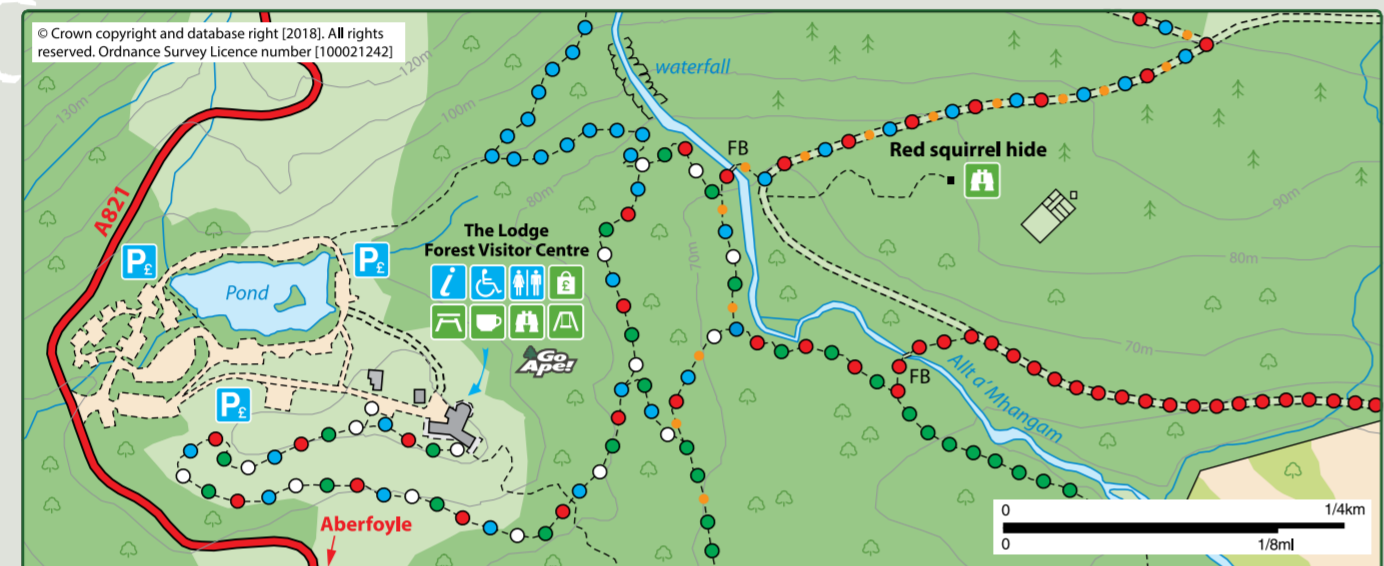
### Lime Craig Trail

A fair climb through the forest to Lime Craig for magnificent views over the Carse of Stirling and along the Highland Boundary Fault.



4 miles / 6.6 km  
Allow 2½ hrs

Sustained steep slope for 700m up to Lime Craig, but largely firm gravel surface. Rough rocky section for further 250m up to viewpoint which can be avoided. Includes two bridges.



# 5 Three Lochs Forest Drive

This circular drive along quiet forest roads is a great way to see more of the forest and stunning **Trossachs** views. Park beside peaceful **Loch Drunkie** and enjoy an easy stroll or a scenic waterside picnic. You'll find accessible toilets and play features there too. Open Easter to October; small charge for vehicles.

### Little Drunkie Trail

Wander out to the beautiful shore of Loch Drunkie and discover a number of interesting sound installations.



¾ mile / 1.2 km  
Allow ½ hr

Wide, loose gravel path throughout. Short moderate slopes but plenty of places to sit along the way.

### Loch Drunkie Trail

A charming walk along the oak-lined shore of Loch Drunkie, returning through the quiet woodland above where red squirrels can often be found.

Firm gravel surface with loose or uneven sections. Long moderate slopes with some short steeper sections. Parts may be wet after heavy rain.



1¼ miles / 1.9 km  
Allow ¾ hr

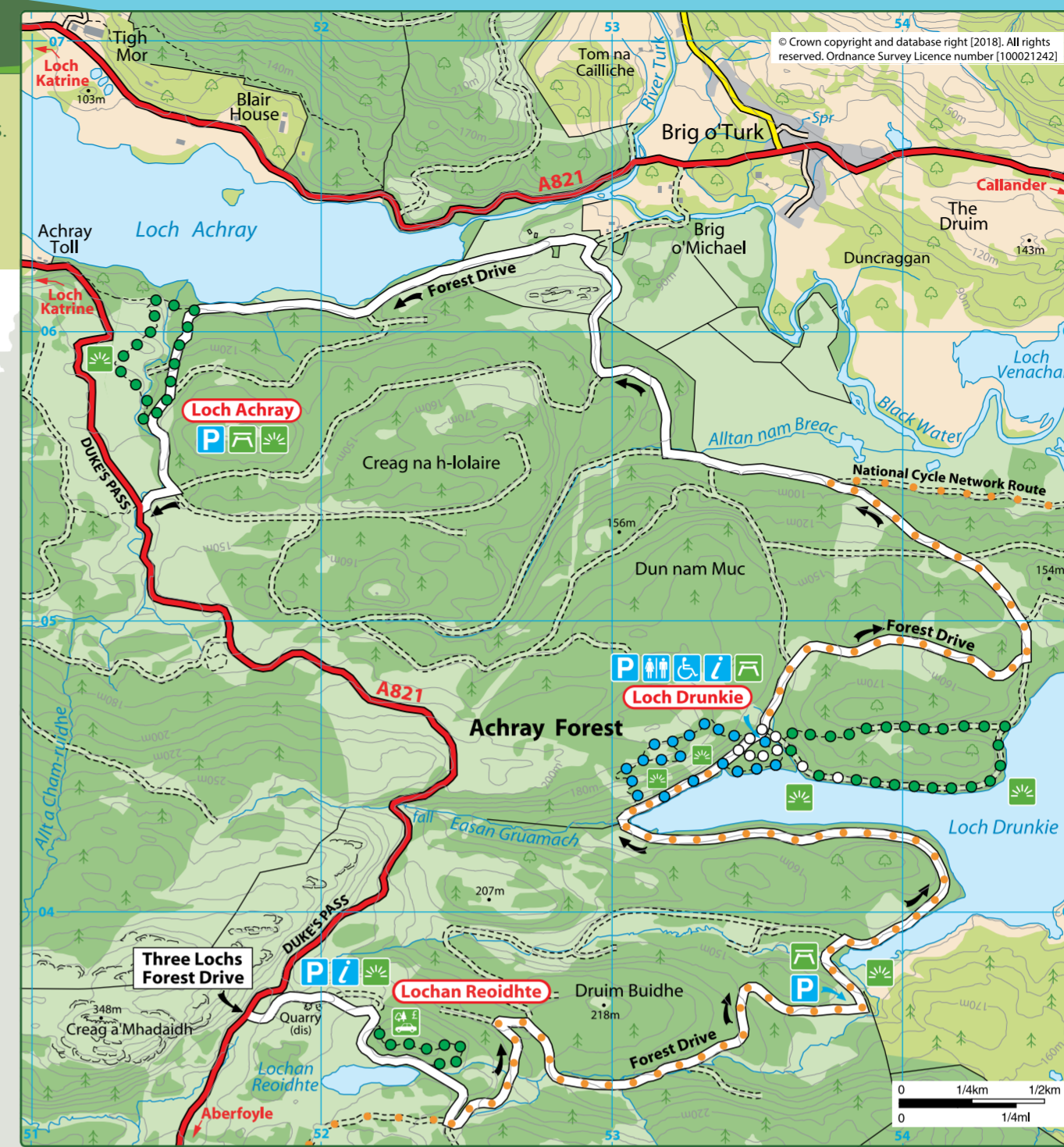
### Pine Ridge Trail

A trail that winds up through the young pines for majestic views across Loch Drunkie and the surrounding hills.



1 mile / 1.5 km  
Allow ¾ hr

Uneven rock and earth paths with some muddy patches. Long steep slopes with loose stones. Optional loop at the top also rough and narrow. Beware vehicles along the forest drive.



Find these other trails at either end of the Forest Drive...

### Lochan Reòidhte Trail

A short stroll through the trees above picturesque Lochan Reòidhte and an opportunity to sample some classic Trossachs views over forest, loch and hills.



½ mile / 0.9 km  
Allow ¼ hr

Firm gravel surface throughout. Two steep slopes with some loose stones. Look out for vehicles along the forest drive.

### Loch Achray Trail

Amble down through the birch along the Allt a'Cham-ruidhe stream to reach the shores of Loch Achray. It is a marvellous setting beneath the mountains of Ben Venue and Ben A'an.

Uneven rock and earth path. Several steep slopes and occasional muddy sections. Two bridges. Look out for vehicles along the forest drive.



¾ mile / 1.2 km  
Allow ½ hr

KNOW THE CODE BEFORE YOU GO. Enjoy Scotland's outdoors responsibly. Take responsibility for your own actions. Respect the interests of other people. Care for the environment.

## Take care on the hills

Please remember that the weather on the hills can change very quickly. Even in summer, conditions on the tops of hills are often much colder and windier than at low levels, despite clear skies.

# 2 Loch Ard

**Loch Ard** is one of the most picturesque lochs in Scotland and a great place to start exploring the vast and varied **Loch Ard Forest**. The trails here are ideal for family strolls and cycle rides – watch out for wildlife and surprising sculptures along the way!



### Ben Lomond Viewpoint Trail

Ascend through the conifers to a fine viewpoint overlooking the Forth Valley that delivers a fantastic view of one of Scotland's best-loved peaks.



2 miles / 3.4 km  
Allow 1 hr

Firm gravel surface with some loose and uneven sections. Steep slopes up to viewpoint, including one flight of steps. Look out for vehicles and other users.

### Lochan Spring Trail

A scenic trail across the Duchray Water to a picturesque little loch that is teeming with wildlife, including some unusual creatures.



2½ miles / 4.2 km  
Allow 1½ hrs

Firm gravel surface throughout, with some loose sections and occasionally muddy patches. Some short fairly steep slopes. Includes one wide bridge.

- Explore and enjoy Loch Ard Forest, there's always something to do for everyone - whatever the time of year.

### Loch Ard Sculpture Trail

Explore the picturesque shores of Loch Ard, Little Loch Ard and Lochan a' Ghleannin and look for some unusual sculptures. An ideal route for families, whether on foot or bike.



4¼ miles / 6.7 km  
Allow 2½ hrs

Firm gravel surface throughout. Mostly wide but with some muddy and uneven sections. Long moderate slopes with several short steep sections. Look out for vehicles and other users.

### Eight Mile Loop

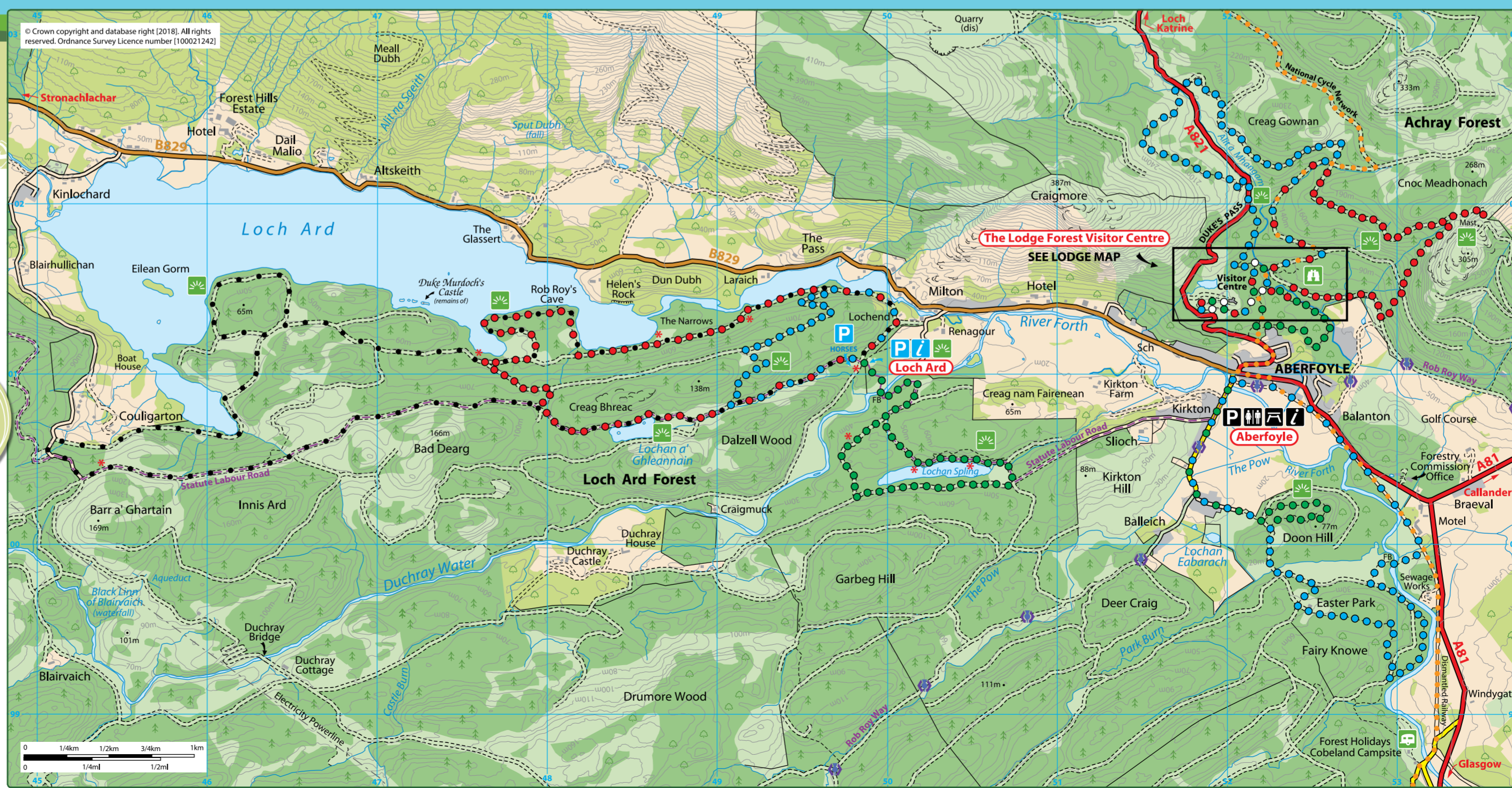
A long loop through peaceful Loch Ard Forest, passing along the loch shore before climbing to reveal sublime views of Ben Venue and Ben Lomond. A great family-friendly cycle route.



8½ miles / 13.8 km  
Allow 5½ hrs

Mostly wide, loose gravel tracks with some uneven sections and muddy patches. Long moderate slopes with several short steeper sections. Look out for vehicles and other users.

\* Look for this symbol on the map to see the location of each sculpture



# 3 Aberfoyle

**Aberfoyle village**, on the edge of **Loch Ard Forest**, is known as the 'gateway to the Trossachs'. Explore tranquil woodland trails here on foot and by bike for spectacular views and wonderful wildlife – and perhaps an encounter with the fairy folk...

### Doon Hill Trail

Climb to the top of Doon Hill to find a solitary Scots pine amongst the oaks. It is thought to mark the entrance to a Fairy Queen's underground palace.



2½ miles / 3.5 km  
Allow 1½ hrs

Uneven gravel path with some narrow, rough rocky and muddy sections, as well as exposed tree roots. Long steep slopes onto Doon Hill.

### Easter Park Trail

A charming walk along the meandering River Forth and through the native oak woods of Easter Park. In spring there are bluebells and in autumn an array of fungi.



3¾ miles / 5.9 km  
Allow 2½ hrs

Sections of uneven earthy and rocky path with extensive muddy parts after heavy rain. Some fairly steep slopes. Includes a section of boardwalk, two bridges and low branches.

- Doon Hill is carpeted with fragrant bluebells in the spring.